



# THE ROUND TABLE

Roy High School 2023-2024

March 1, 2024

## Mouse Loose in Roy High!

Aayla Cotton  
Feature Section Editor

Breaking News: Mouse loose in Roy High!

On November 3, 2023 in room 110, a shriek was heard by Ms. Lund's first period. The sound coming from Mrs. McLaws's junior English class across the hall in 109. After investigating, Lund's first period discovered that McLaws and her students had seen a mouse scurry across the floor.

Despite trying to calm

down the frantic McLaws, she wheeled her chair into Lund's room across the hall, feet never touching the ground, while crying and screaming about a mouse in her classroom. Back in her classroom, some students were still working on assignments without a care in the world. The majority of the class, however, was running around looking for and trying to catch the mouse. McLaws felt bad for leaving her class, but she was terrified.



McLaws' first period spotted the mouse but it disappeared, causing more panic from McLaws. "It charged at me out of nowhere. Not knowing where it went was the worst part," Mrs. McLaws recounted.

McLaws contacted the custodians at the school who were vigilant in helping with the situation. Delos Lutz, Roy High's head custodian, was contacted about the situation. He said, "Mice in a room is always a concern. You never know if they are there because food has been improperly stored if it is more personal. I have 'taken care' of many mice in my career, and I just know that

one day they will come for me. I'm just glad to have survived that day. But I fear the time is inching closer to the day the mice enact vengeance upon me."

McLaws eventually went back to her classroom, because her students said they thought the mouse was gone. Still in shock, McLaws tried to continue with class when all of a sudden the mouse sprinted from its hiding spot. It was like it came out of thin air.

More shrieks of fright were heard, all from Mrs. McLaws, and Lund's class was very invested. Lots of the students were standing by the door and in the hall.

Junior Jesi Cox said, "It

was terrifying. People were screaming and loud."

Even though this was a very traumatic experience for McLaws, it was hilarious for the rest of us. This all happened in the span of first period. By second period, the mouse was caught by junior Mason Bishop who said, "The mouse was really soft."

The mouse, fondly named Jerry by McLaws' first period, was released outside where it belonged.

"We let him go outside by the seminary building and he ran across the street toward the neighborhood and almost got run over twice," said Destany Devlin, another student present in Mrs. McLaws' first period.

Jerry survived and we hope he is doing well in the world.

The jar that captured Jerry stands tall in McLaws' room as a reminder and trophy of this significant event.



## Morning Driver's Ed and Snowdays?



Isabella Spatz  
Designer

Driver's Ed is one of the most important classes you will ever take! Morning and afternoon classes are offered and while both are amazing, let's talk about the benefits of the morning classes and what you need to know once you're enrolled.

Morning Driver's Ed is taught by Mr. Koford in Portable 3. Class starts every morning at 6:00AM and ends at 7:15AM, and if you miss a day, no need to worry. You can miss up to two days and you're able to make them up. Any more than two days missed, and you will have to redo the course.

The morning course tends to end earlier than the afternoon course. The reason being that you still go to the

morning Driver's Ed class on early out days.

Morning Driver's Ed classes are great, but keep caution of the snow! Sometimes when you arrive for class, it's a snow day, or a late start which can leave you in a tough place. This can be tricky since you might not know where to go because morning classes are canceled.

Before you go to class, it is important to always check the weather. Be prepared, and turn on notifications! You can sign up with your phone number to get weather notifications from the district. Be aware though the notifications can be late so be prepared.

Something important to understand about Driver's Ed is that it's not a fast pro-

cess. Be patient; it takes time to complete all the steps.

One recommendation I have for students who take the morning Driver's Ed class is: whoever drives you to class in the morning, have them wait a few minutes if it is snowy or bad weather. That way, if it is a snow day or late start, you can get a ride back home and you don't have to be stuck at school.

Taking Driver's Ed in the winter can come off very scary to some, but it is actually very beneficial! It helps you get experience driving with the snow and ice, and teaches you how to drive in it so you are prepared. In the end you will be thankful you had the practice for years to come.





# Fake

Brittley Barney  
Photographer

When it comes to the holidays, we are all faced with one very hard decision that can affect the course of your holiday. What kind of tree do you get for your house? There are two great options but only one of them is correct: fake trees. As someone with experience with both of these options, I have prepared an argument that will help you make the correct decision. Real trees are beautiful and pine especially adds that christmas smell to any room. It is refreshing and magical. But if you get down to the aftermath of the tree, it's not the best. They spill sticky sap everywhere, getting on the floor and any gifts that may lay under it. It drops its needles all over the floor causing you to clean regularly. You have to go through the freezing hassle of

getting it and keeping it healthy through the Christmas season. When you look on the other hand, which we all know is right, you have fake trees. You can store them away and get them back out next year. They don't require much maintenance and come with lights already attached! Saving you work and time. They dont drop their needles and come in many colors. You can truly control their size and take less cleaning time. They don't have sap so it's not ruining your furniture. Best of all, you don't have to discard it at the end of the holiday, just fold it up and tuck it away for next year. So in the end if we're all honest, the clear (Correct) option is fake trees. They're beautiful, clean, and most of all simple! Giving you the holiday you deserve.

## THE P POINT O OF V VIEW

# Real

Alyssa Mahony  
Layout Team

I think that having a real Christmas tree is the only answer. You capture the real spirit of the holiday season with the authentic smell of pine in your house. By buying real Christmas trees, you could also be supporting small businesses by going to home grown Christmas tree farms. There are quite a few in Utah. Real Christmas trees are also a lot better for the environment. They're composed of natural elements which will eventually go back into nature while fake trees are made of plastic, nylon and steel and will take much longer to decompose. One of the only real benefits of fake Christmas trees is really just the price of con-

venience. While you would have to pay for a real Christmas tree every year, they are significantly cheaper than a good fake Christmas tree. You also might be tempted to buy a new one every few years because of Black Friday deals or simply because of age. One con to real trees is the clean-up, but in my opinion, it's not as bad as the hassle of lugging a big box up and down the stairs. With real trees, you can just throw them out with your garbage without a thought until next year. Overall, real trees are better than fake ones, in many ways. It can be a fun tradition for your whole family and just a more magical experience.

# When Should You Put Up Your Christmas Tree?

Destinee Croft  
Editor-in-Chief

What is the most famous tradition during the Christmas season? For me it has to be putting up the Christmas tree. I vividly remember struggling to drag the Christmas tree up the stairs and then spending another hour to fluff the tree out. But then came the best part - getting to decorate the tree. As we pull all the ornaments out of the bucket, we get to see all the memories we have made through the years. We

get to see how far we've come and reminisce. We don't focus on arguing or who gets to go first. We just have a sweet time as a family and focus on each other. We decorate the tree in ornaments, candy canes, and tinsel. Tinsel is my favorite part! It is so shiny and fun and makes the Christmas tree look amazing. You know when this all takes place? During Christmas time in December, because it is a specific decoration for the specific season. I hear about people putting their Christmas



tree up in November and October or anytime way before the holidays take place. When obviously, you need to wait to put up your Christmas tree until the Christmas season. It is called a Christmas tree for a reason. I do hear of many people putting up their tree once Thanksgiving is over and I can understand that. The holiday is over and you can move onto Christmas, but anytime earlier than Thanksgiving is unacceptable. There is no need to rush the seasons! Live in the moment

and let the traditions come in their own time. They do not need to be forced. According to Quinn Smith, a junior at Roy High, he said, "Christmas should stay in the Christmas season." So, when should you put your Christmas tree up? Everyone say it with me.....during Christmas time.



# Mariah Carey’s Defrosting

Paula Thongrit  
Buisness & Disribution

As Halloween comes to an end, you could hear a distant crackling and a possible high note attempting to escape. The minute it strikes midnight on November first, you start to hear a powerful vocalist singing familiar lyrics. She announces that “it’s time!” The jingle bells kick in and “All I Want For Christmas Is You” begins playing. Mariah Carey has officially defrosted for Christmas as it is the annual tradition every first of November!

Yearly, we approach Mariah Season right after Halloween ends. There was also a whole countdown posted before she officially defrosted, whereas people in Halloween costumes were melting the ice in progress.

In the countdown video, an icy vault opens as soon as the clock hits midnight November 1st. Once it opens, it shows people in Halloween costumes such as Ghostface

and Pumpkin Face. Long story short, she breaks free from the ice with her signature highnote, “It’s time!” transitioning to another clip with her friends and twins dancing in Christmas themed clothes.

Not only has she thawed, but Mariah kicked it off with her tour “Merry Christmas One and All!” on November 15, spreading the Christmas holiday spirit throughout the United States and Canada with her iconic songs, of course, including “All I Want For Christmas Is You” on the setlist. Furthermore, the song was composed within 15 minutes by Mariah Carey and Walter Afanasieff unknowingly that it’d eventually be a hit song. At first, she didn’t want to record the song or the album in general. Eventually, it was released in 1994 as her first Christmas album, becoming an international hit later on.

Throughout this song’s success, Mariah Carey has broken many records just from the 60’s inspired famous

tune. After 25 years of the release, it finally hit number one on Billboard charts! Making it a record for one of the longest journeys for the single. The song also is extremely lucrative, as each year passes it continuously gains popularity which results in large amounts of profit. For instance, in 2017 it earned a great profit of 60 million dollars. The Christmas melody as well won Mariah three Guinness World Records for the hit single, one of them being the most streamed song on



Spotify within 24 hours. Well, it is officially correct that “All I Want For Christmas Is You” can begin to play on November first annually. The nearly 30 year old song remains iconic after a long journey full of success and remembrance. In addition to that, the seasonal song eventually dies down but comes back to strike us during the holidays. Ready for her to defrost once again!

Aayla Cotton  
Feature Section Editor

As we all know Thanksgiving has just occurred. So we conducted a survey for Royal In The Hall.

Our question: What’s your favorite Thanksgiving Food?

This could range from side dishes, to the main course, or the dessert. Or maybe you don’t like any Thanksgiving food and you’d rather just have Froot Loops.

But, here’s some of the answers we got back. Students Kaysen Vazquez, Sam

Funk, and Levi Cragun preferred ham over turkey.

From the Royal Tots Preschool, we interviewed a few of the students there. Charlee said that she likes turkey. Adysen said that she likes dessert, specifically pumpkin pie. Pumpkin pie sure is delicious, so who can blame her? Then, we did have one unusual answer. Adriane Call said that she likes mashed potatoes. This may not seem unusual for some, but for others mashed potatoes are something you’d eat on a regular daily basis.

One Thanksgiving food

that is underrated though is probably mac-n-cheese. Depending on who makes it, mac-n-cheese slaps, but no one talks about it, or maybe some just don’t eat it.

Either way, Roy High has some good taste in Thanksgiving food!



# Custodial Highlight

Bailee Richards  
Layout Team

We have an amazing custodial staff at Roy High and we want to recognize them for all of their hardwork and dedication to the school! Our school stays clean and treated well all thanks to our custodians!

The head custodian is Delos Lutz, and our other full time custodians are Gregory Burgener, Breken Hansen,

and Shandon Higley.

We also want to thank the many part time custodians. Many of them are students who go to Roy High and though there are a lot of them, we want to recognize them for their hard work and efforts too! Thank you to every single custodian in our school, we all appreciate you greatly.

Next time you see one

of our custodians in the hall or anywhere around school, make sure you extend your gratitude. They deserve it!

A side note from Ms. Lund, she said, “Stop writing on the bathroom stalls and making them look trashy. Be respectful. If you want to write, join Journalism.”

# How Hygiene Improves Self-Esteem and Confidence

Jocelyn Smuin  
Opinions Section Editor

We all know hygiene is very important, to shower and use deodorant everyday. We’ve been taught this since elementary school. We also understand that some people don’t have access to some of these types of products.

Our very own GSA club held a donation drive at the beginning of the year where anyone could drop off hygiene products for kids who needed them.

If you are in need of these products, you can reach out to the GSA advisors, Mr. Bean and Ms. Lindstrom.

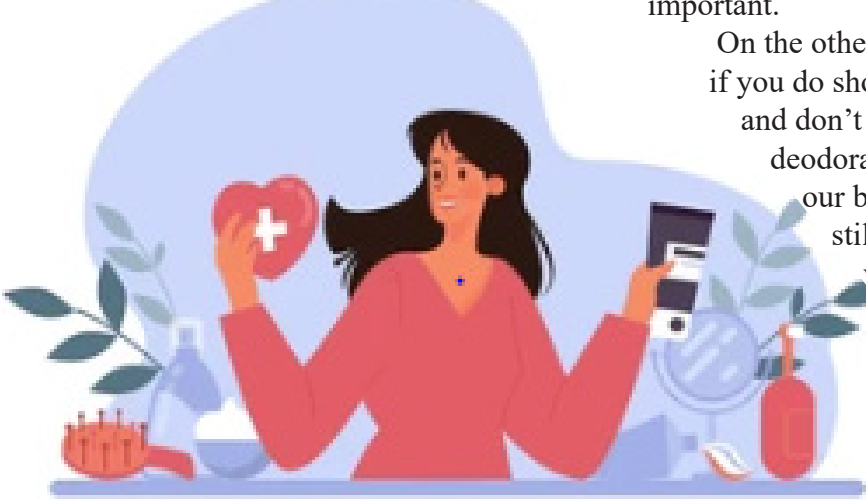
There is a small amount of people who have access to these products, though

they decide not to use them. Not everyone enjoys smelling body odor. It’s just the facts.

I don’t say this to shame

just getting clean and smelling good. It can help with a ton of other stuff like your mental health and self-esteem, which are both just as important.

On the other hand if you do shower and don’t use deodorant, our bodies still find a way to



anyone, but sometimes it’s nice to take a shower not just to smell good, but to relax after a long day.

With that said, here are some benefits of showering: showering can reduce stress and anxiety, improve sleep quality, help with self-esteem, and it promotes self-care and relaxation. There is more to showering than

stink. Deodorant and an antiperspirant can help with sweat and its odor.

I think it’s a very important step in the hygiene process because smelling good makes you feel good and smelling good helps with confidence. Perfume and cologne also takes part in this routine, but a lot of people tend to overuse them to a

point where you can taste it. Perfume and cologne aren’t simple replacements for showering or using deodorant.

In my opinion, whenever someone says I smell good, it’s a huge compliment and it makes me feel good. Staying on top of hygiene is important and also affects the people around you, especially during school. Whether you’re in a gym class, or a student athlete, it’s super important to stay on top of things. And if you don’t do sports you should still be taking care of yourself no matter if it’s for your self-esteem or just so you can smell good.

Moral of the story, hygiene is important because humans have a really bad smell if they don’t stay on top of showering and other things, so remember to stay clean and live your



# Friendsgiving!

Mae Tolman  
Reporter

Friendsgiving. For those of you who don’t know, Friendsgiving is Thanksgiving but where you collaborate and feast amongst friends. While there are so many different ways to celebrate Thanksgiving, Friendsgiving is becoming more popular. Some friends are family, right?

There are many ways of celebrating Friendsgiving. Walter Noorda, a beloved senior, is celebrating Friendsgiving this year. “It’s going

to be like a potluck, lots of fun,” he said with a smile.

Friendsgiving, while not very popular, is a great lay back, stress free way to celebrate the holidays.

What are some dishes you could bring to your Friendsgiving feast? Turkey sliders, a homemade brownie pie, deviled eggs, roasted potatoes, baked macaroni and cheese, or if you’re really craving something festive, try making a pumpkin pie trifle. But if you’re getting that festive, promise me something? Don’t make

a Rachel Trifle.

Our favorite Joey from the TV show Friends said, “Custard? Good. Jam? Good. Meat? Good.” And just like Joey, make sure to wear your Thanksgiving pants so you can eat all the food you want!

So, this holiday season, maybe think about gathering the gang together because the more the merrier.

ty in Orem, Utah.

The Orchestra has several different series that they perform. They have their masterwork series which is older and more classical music. They have the finishing touches series which is rehearsals for other series.

There’s the Pop series which is pop music, but done by the orchestra. They have the films in concert series which is the orchestra playing movie music tracks live. They have the Family series which is music for younger audiences. They have a special series which they do for this year. They also have two groupings of music that aren’t in a series but they are set for a city; the two they have this year are Noorda and Ogden.

The Utah symphony is doing performances for a few movies this year. Those movies are “Frozen” and “Casa-

blanca.” And as a special they are also doing a performance of “How to Train Your Dragon.”

The Symphony is doing discounts for students and those under 30. They will sell tickets for 50 percent off the first four performances you watch and you can pay 70 dollars to see as many performances as you want, or, if you pay 106 dollars, you and another person can get a duet pass.

Go support our state symphony and listen to a beautiful performance of class music that we all love!



# Best Holiday Horror Movies

Mae Tolman and Xylee Johnson  
Reporter and Editor

Many people debate the best holiday movie, but most of you are forgetting the best holiday horror movies! Here’s our list of the best ten holiday horror movies that’ll scare your socks off.

**The Shining (1980)** : A family heads to an isolated hotel in the winter where a sinister presence influences the father into violence, while his psychic son sees horrific forebodings from both past and future.

**Krampus (2015)** : European popular legend, a half-goat, half-demon monster that punishes misbehaving children at Christmastime.

**Gremlins (1984)**: A dad needs to find a last minute gift for his son and decides to gift him a mogwai, but little did he know they would tear up their little town.

**The Lodge (2019)** : A father abruptly leaves his family vacation for work, leaving his two kids with his new girlfriend Grace alone in their cabin. A blizzard snows them in and they’re trapped with the terrifying dark past of Grace.

**The Advent Calender (2020)** : Eva is a paraplegic, she is gifted an advent calendar from her friend Sophie. It’s not traditional treats you find when opening each drawer... but quirky gifts that keep getting scarier and scarier.

**Black Christmas (1974)**: Sorority sisters answer a threatening call one cold night. This leads to a series of scary threatening stalkings during the holiday season.

**Jack Frost (1998)** : A killer who is on his way to his sentencing gets in a crash with a chemical truck. The chemicals mix with the snow on the ground turning him into a snowman.

**A Christmas Horror Story (2015)** : A dark christmas eve and a school accident later three teens come to investigate a mystery and the spirits haunt them forever.

**Better Watch Out (2016)**: A girl walks over to her crush’s house to profess his love towards him but little did she know she would get caught up in a home invasion and slaying.

**The Mean One (2022)**: Cindy’s Christmas and her parents are taken by a green creature in a red suit. 20 years later the creature comes back to terrorize the town. She does everything she can to find a way to stop him.

Disclaimer! These are horror movies so they are more grim than we described. If you decide to watch these movies, be wary of the contents.



Norman Parkinson Corbis

# Dead Man’s Music

Jocelyn Smuin  
Photographer

As a teenager, music is a big part of my life and I can’t live without it. But what happens when an artist releases new music after they die? A lot of artists’ record labels release songs when the band or artist finished (or didn’t finish) a song, but couldn’t release it before they died. Like the Beatles song that came out this year. If you want to hear more about the new Beatles album, read the article we wrote about that. It’s so cool that we can have these songs released to keep the music and artists alive, even if they’re gone.

So here are some songs and/or albums that were released after the artist or band member died.

The first one is Jay Reatard. He has had many songs released after his death, but he does appear on an album called “In Utero, in Trib-

ute, in Entirety” which is a tribute album for the band Nirvana. It features covers of songs from multiple artists. Jay Reatard sung “Frances Farmer Will Have Her Revenge” and that was released after his death.

Next is Pink Floyd’s album “The Endless River.” This album was released six years after their keyboardist, Richard Wright, died. The album has almost all left-over instrumentals featuring Wright from the recording sessions for “The Division Bell.”

Another is Johnny Cash’s “Forever Words” featuring Chris Cornell, who was the former lead singer of Soundgarden and Audioslave. Forever Words was released in 2018, a year after Cornell died. Chris Cornell’s Self-Titled Album was released a year and a half after his death.

The next song is Avicii’s

song “SOS” which was released almost a year after his death. The song was released with a video featuring comments on the Avicii Memory Board, also with a behind-the-scenes video which was released two hours prior.

The final artist that I really wanted to touch on is Mac Miller; his album “Circles” was released about a year after his death. The album quickly received widespread acclaim from critics and debuted at number three on the US Billboard 200.

There are so many more artists that had their albums and songs released after their death and I don’t want to discount anyone. Thank you to all these amazing artists that put their life in their work and made music that people can relate to and not feel so alone in this crazy world.

# Guys and Dolls Play

Jaycie Hancock  
Layout Team

Guys and Dolls was our fall musical this year! From dancing Hotbox Girls to devious gamblers, the musical covered how love itself is a gamble. Nathan Detroit challenges Sky Masterson to take a cold, poised female missionary, Sarah Brown, to Havana for \$1000. If Nathan wins the bet, he can use the money to finance his crap game. EXCEPT! He must hide the game from his fiancée, Adelaide, and the local police. No one, especially Nathan, expected a love story to form between soul-saving Sarah and suave Sky. This musical wouldn’t have been possible without the help of our techies! Techies are responsible for moving props, scene changes, music, lights, and more. We asked Floor Manager Tyler D’Elia about his experience in Guys

and Dolls. “Girl, it was stressful and no one listened to me, but it was fun. It may be stressful, but I always come back for more.” Here’s our cast list! - Robert Montgomery as Nathan Detroit

- Grace Hoskins as Miss Adelaide  
- Macie Larsen as Sarah Brown  
- Dallin Titensor as Sky Masterson



From Getty Images



GE Donec Photographs



# Risks and Safety of Wrestling

Mae Tolman  
Reporter

Wrestling is one of the most dangerous competitive sports that are played in schools. This leads to most of the competitors getting injured or getting infections. Here are some of the risks that follow the sport and how to practice safely : 1,000 high school wrestlers get injured a year while competing. Risks that lead into these injuries are : concussions, sprains, dislocating limbs, bruising, MCL tears, fracturing, and Osgood Schlatter’s syndrome. Along with infections such as cauliflower ear, ringworm, herpes gladiatorum, impetigo, and folliculitis. There’s also a lot of mental tolls wrestling takes on one’s mental health. 33 percent of wrestlers develop eating disorders and struggle with binge eating, purging and intense diet and exercise in order to meet weight. Bat-

ting with body dysmorphia and negative body image. 12 percent of wrestlers describe having intense anxiety. While percent experience extreme stress; 19 percent experience trouble sleeping. Since wrestling is such a high risk there has to be benefits right? Some sort of euphoria? I asked our junior Carter Nelson who is on our Roy High Wrestling team a few questions.

Q: Why do you keep wrestling even though there’s so much risk & mental toll?

A: “ I keep wrestling for my dad and for my family, to make them proud. ”

Q: Any advice for new wrestlers to stay safe while wrestling?

A: “ Thug it out. “

Q: How do you overcome anxiety & stress while wrestling?

A: “ I don’t have much stress while wrestling; but it’s a good stress type that gets your heart racing. Just thinking good thoughts. “

Now that we got some quotes from Carter, how do we wrestle safely this season? Ways to stay safe are training; it’s good that wrestlers are in good physical and cardiovascular condition, wearing clean headgear, avoiding certain positions that can put both of you and the competitor in danger like arm bars and half Nelsons, diet; eating properly and staying hydrated can prevent fainting on the mat and dietary deficiencies.

Now that you know how to wrestle you should join our wrestling team! Go Royals!



Photo By: Brett Webb

## Utah’s MLB Team

Henrik Hulbert  
Sports Section Editor

What would you say is the most important sport in Utah? You’re likely thinking about football, with the college teams being very popular, or maybe you’re thinking about basketball, with the Utah Jazz. One sport very unlikely to come up quickly is baseball.

Unless you’re a big fan of the Salt Lake Bees, or the Ogden Raptors then you are likely left rooting for a team out of state. According to

Deseret News, “...we (Utah) have the highest median income of any of the potential expansion markets...”. This means that Utah would have plenty of money to spend on an expansion team, making it beneficial for the league as well as the city. Expansion is usually supported by owners, because they each get a pretty sizable cash payout. With the financial benefits being there and with different sources saying Utah is a likely option for expansion the question

becomes what would a good name for this baseball team be. According to abc4.com, some names that have been brought up are, Gulls, Cutthroats, Golden Spikes, Trappers, Wasps, Stingers, and my personal favorite Pioneers to name a few.

While this possibility is fun to imagine, it is a way out, with the nearest date being eyed is the 2028 season. Hopefully this dream comes to fruition sooner rather than later.



Photo By: Henrik Hulbert

Ephraim Elliot at Ogden High for a swim meet

## New Boys Basketball Coach

Ivy Brown  
Social Media Head

Basketball season is here and a lot has changed since the last time we saw them in action. The arrival of our new basketball coach, Ryan Hannah, has brought excitement and anticipation to not only the team, but to fans, parents, and students!

This opportunity to start fresh is great for this team. This team has been extremely eager to not only learn from someone new, but to be challenged in different ways, and to grow both individually, and as a team. This big change means new, fresh ideas, strategies and techniques to reach new heights and accomplish more goals this season! Instilling discipline and dedication in their athletes that breeds success.

In Hannah’s case, it’s not all about winning. Things I have noticed as a student is that he’s building these athletes to be well rounded that embody sportsmanship and teamwork. A good coach makes it known that building

character is just as important as building skill. He has built an extremely open environment that has made it easy for these athletes to grow already. Season opener on November 20th, Royals took home a win against Judge Memorial Catholic High School and we know that won’t be the only win this season!

Change may not be easy and some players may struggle to adapt to the change of coaching style. It’s expected to take time to build trust between the players and coaches. Patience is key during this extreme transition as everyone needs time to adjust. The arrival of Coach Hannah has both negative and positive impacts for this team. While this may disrupt old routines, it’s introducing opportunities for improvement and growth. With patience, time, and a growth mindset, this change can lead this team to great success on the court.

## Where is Swim Meeting?

Henrik Hulbert  
Sports Section Editor

Many people in the community were distraught when the Roy Recreation Complex was shut down after a boiler issue. For a couple months it looked like it may never open again but eventually it was decided that the issue would be fixed, and that many needed renovations would be made also. While roughly 105,000 people visited the center before 2020, some of its most

loyal visitors were the Roy High Swim Team. One thing you may be surprised to find out is that the pool was closed partially through the swim season, meaning they had to practice at a Weber State pool for the remainder of that year. This season they practice in a different location, namely the Ogden Athletic Club.

Senior Ephraim Elliot says, “We are at the Ogden Athletic Club. It’s not a great pool. We practiced at Weber State last year and it’s

worse.” When asked what makes a pool good for swim practice, he said having water deep enough for blocks and at least 6 lanes are the main requirements.

At the Roy pool, they had all of that but now they don’t, leaving them at a bit of a competitive disadvantage. Even with these difficulties the members of the team are still willing to keep swimming, even if they do wish they could practice at Roy.

## Why Is Swim a Winter Sport?

Henrik Hulbert  
Sports Section Editor

Imagine yourself during summer, most people will think of popsicles, cool drinks, and being outside. Maybe for the fall athletes they will think of summer practices in the hot sun. But for many people the first thing that pops into their head when hearing the word summer is taking a nice cool dip into the pool and swimming around.

This is likely why there is so much confusion in people when thinking about competitive swimming in high schools. Swim is

certainly a very fun sport that many people enjoy very much. While most people think of hardwood courts and large grass fields when thinking about playing sports, swim is unique in that it takes place in a pool. However what many people do not know is that it is one of the best ways to splash around in water during the winter months.

Swim primarily takes place from November to February, which is not when most people are thinking about swimming. When you think about it, swim is a good sport to put in the winter, especially in

Utah. The main reason for this is that most pools are already indoors, while in warmer states, like California, they have more outdoor pools so it makes more sense for the season to be in spring. According to junior swimmer Seven Higley, “if you want to swim more year round there are several different options to pursue, namely different city and comp teams.” These options mean that if you want to, you can swim throughout the entire year. However, if you want to compete for the school only, you’re left competing during winter.